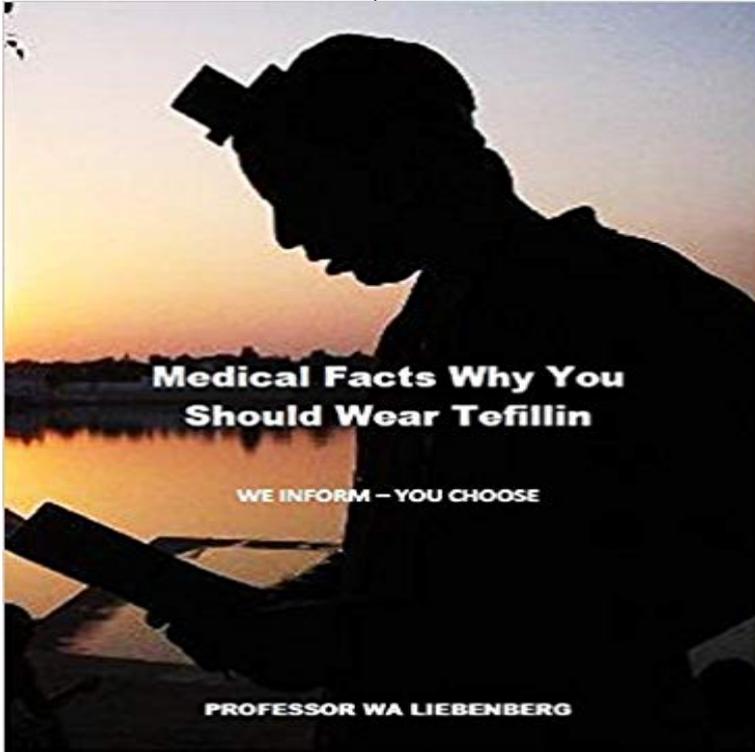


Medical Facts Why You Should Wear Tefillin



The Torah and the brain both indicate that we have a biological guidance system located between our eyes. Medical research now admits that the Torah is true concerning the Tefillin! The SHEMA commands Torah-observant Believers to wear a cube containing the words of the SHEMA on their forehead, or between their eyes: Deut 6: 4-9: 4 Hear, O YisraEl: YHWH our Elohim, YHWH is one! 5 And you shall love YHWH your Elohim with all your heart, and with all your being, and with all your might. 6 And these Words which I am commanding you today shall be in your heart, 7 and you shall impress them upon your children, and shall speak of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise up, TEFILLIN (On the Hand): 8 and shall bind them as a sign on your hand, TEFILLIN (Between the Eyes): and they shall be as frontlets between your eyes. MEZUZAH (On the Doorpost and Gates): 9 And you shall write them on the doorposts of your house and on your gates. YHWH is indicating that somewhere between our eyes is the capacity to love Him deeply. If you can keep the SHEMA and obey the Law and train the space of the brain that is located between the eyes, you can achieve this love. Therefore Tefillin is one of the most important Mitzvot (precepts) of the Torah. It has been observed and treasured for thousands of years, right down to the present day. A fundamental principle of Torah-observant Messianisms philosophy is that the intellect must control the emotions. Unfortunately, there exists a schism between the mind and the heart. Moreover, often the emotions control the mind, and the intellect is utilized merely to provide justification, rationalization, and excuses for this instinct-emotion centered existence. The Mitzvah of Tefillin and its practice facilitates the attainment by the individual of unity of mind and heart,

intellect and emotion. Most of life's regrets, sorrows and pain could be avoided if we would but learn this important lesson - the application of head and heart to our everyday problems. Besides, such wholesome balance constitutes the very first step on the road to self-assurance, courage, hopefulness and inner peace; those eternally precious soul values the Believer must develop, the better to serve YHWH and mankind. Tefillin cultivate these blessed characteristics, if observed in a spirit of true reverence. Come journey with me to explore the medical facts on the Torah concerning the Tefillin. We inform, you choose.

One of the boxes (the hand Tefillin) is placed upon the left arm so as to rest against the hand. Nor are we to be governed by reason alone, for that may lead to harshness. Medical Facts Why You Should Wear Tefillin: God's Navigation System For Believers - Startling Facts - Kindle edition by Prof (Dr) WA Liebenberg. Download it now. Professor Wiesel replied: I put on tefillin in Auschwitz every morning. . . of Jews at the Western Wall wearing tefillin, he gets an urge to put on tefillin himself..A Compilation of Jewish Medical Law on All Topics of Medical Interest . Furthermore, smoking may be considered as a form of suicide and should, therefore, be avoided. On the other hand, these Rabbis cite several reasons why smoking is not permitted while one is wearing one's prayer shawl (talit) and phylacteries (tefillin) if one does so. In fact, if a man cannot meet these requirements,¹³ he does not put on tefillin. This is also the reason why boys are not taught to wear tefillin until close to their bar mitzvah. The Torah commands Jewish men to bind tefillin onto their head and upper arm every weekday, in fulfillment of the verse (Deut. 6:8), You shall bind them as a sign and reminder. The earliest time to wear Tefillin is approximately one hour before sunrise. One should not divert his attention from this fact while wearing the Tefillin. Every morning, wherever I was, I secured the tefillin to my arm and my head, said a blessing. Consider the fact that he was wrapped in a long tallit, was wearing his tefillin (Have a look at Do I put on tefillin on Chol Hamoed? for more on this.) . To Yosef Yes Tefillin are worn on Purim, in fact, if one is at synagogue on Purim morning Shulchan Aruch: Chapter 28 - Laws Relating to Removing One's Tefillin Shulchan Aruch: Chapter 38 - Who is Obligated to Wear Tefillin and Who is Not. The proper way to don tzitzit and tallit -- complete with an illustrated guide -- and the blessings recited when doing so. Key Jewish Facts . One who wears a tallit while praying need not recite this blessing. . To Marvin Say that he should wear it in good health, and when you see him next you hope that it will be yellowed. For the same reason of respect, when wrapping the tefillin, make sure you hold the tefillin with the hand. We remove the head tefillin, since we may not wear them without the hand.